

Want More Romance?

Contributed by Leslie Karsner

DISCOVER THE BENEFITS OF TRUE ROMANCE !

Before you expect love and romance to soar with another person, consider first your own romance with life.

Leslie Karsner, PhD., an author and romance coach, breaks the concept of a "romance with life" into 3 areas: nature, self and others.

1. A ROMANCE WITH NATURE

When you make a habit of smelling the roses on your own, it will mean more to you once you do eventually receive a flower delivery or send flowers. The appreciation you experience for a flower and gift (or for hearing a bird singing) is intensified when you're in love, so work on your appreciation skills to feel that intensity when single. A rose is a rose, no matter your relationship status.

2. A ROMANCE WITH SELF

Explore what is most wondrous in life for you. Uncovering your interests and talents will help make you irresistible to the right person. When someone is engaged by their own hobbies and passions, they aren't as desperate to be engaged to someone else...and that can be attractive.

3. A ROMANCE WITH OTHERS

A romance with others includes friends and family...as well as strangers. People who shut out friends or stop making new friends in order to keep their schedule open for dates are missing out on possibilities. A happier family and social life makes you more romantic once Cupid's arrow strikes...and even help guide the arrow to you.

So remember, before you expect others to swoon in your presence, consider a journey into areas that make your own heart race.

A romance with life is what keeps your heart wholly satisfied.